

CLEAR,
supporting community and voluntary
organisations in the West

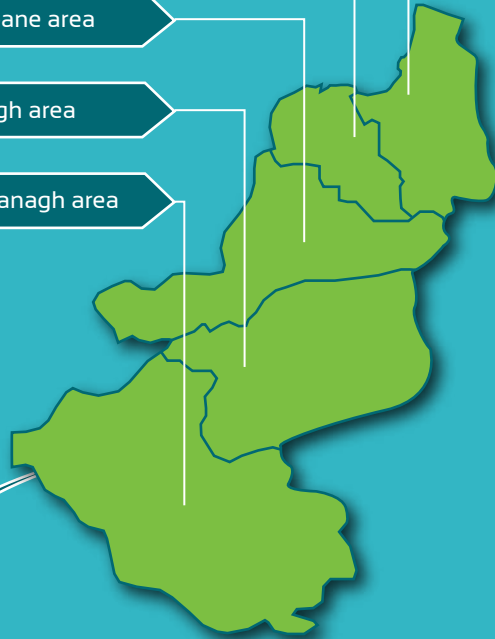
limavady area

derry / londonderry

strabane area

omagh area

fermanagh area



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CLEAR

EMOTIONAL WELL - BEING

MENTAL HEALTH

COLLABORATION - CO-ORDINATION - QUALITY

CLEAR

EMOTIONAL WELL - BEING

MENTAL HEALTH

COLLABORATION - CO-ORDINATION - QUALITY

For community and voluntary organisations offering...

- Mental Health / Suicide Awareness support
- Emotional well-being
- Listening ear,
- Early intervention
- Counselling
- Mentoring
- Befriending
- Access to diversionary activities
- Support in life style changes
- Other support aimed at improving emotional well-being or mental health.

Facilitated by DHC
Supported by The Western Suicide Strategy
Implementation Group

"Increased access to appropriate services by people when they need it, where they need it, forging strong and sustainable links between community and statutory sector service providers."

The CLEAR Project

The CLEAR Project is a unique partnership initiative in community mental health and well-being that's been commissioned under 'Protect Life', the Northern Ireland Suicide Prevention Strategy (2006). The strategy seeks "to reduce the suicide rate in Northern Ireland" by:

- Raising awareness of mental health & mental well-being issues
- Ensuring early recognition of mental ill-health & providing appropriate follow-up support services
- Co-ordinated, effective, accessible & timely response mechanisms for those seeking help
- Appropriate training for people dealing with suicide & mental health issues
- Enhancing the support role of the voluntary/ community sectors, bereaved families & those with experience of suicide
- Media support through guidelines for a suitable response to suicide related matters
- Research & evaluation of suicide and self-harm issues; and restricting access, where possible, to the means of carrying out suicide.

CLEAR was commissioned by the Western Suicide Strategy Implementation Group (WSSIG), an interagency group responsible for implementing the Protect Life Strategy in the West, to offer developmental opportunities to community & voluntary sector organisations who provide mental health and emotional well being services.

Does your Organisation offer any of the following services?

- Mental Health / Suicide Awareness support
- Emotional well-being
- Listening ear,
- Early intervention
- Counselling
- Mentoring
- Befriending
- Access to diversionary activities
- Support in life style changes
- Other support aimed at improving emotional well being or mental health.

If YES, then the CLEAR Project seeks to offer you / your organisation support to:

- Improve the skills base and mix of your work force
- Adopt identified areas of best practice.
- Network and develop links with other service providers in your area
- Develop links with statutory services
- Develop governance structures

Development

Why is it important for our organisation to develop?

- To be more effective in delivering sustainable benefits to those you are supporting.
- To help your organisation prepare for changes, react to changes or solve existing problems.
- To ensure that staff, volunteers and policies develop to meet organisational changes
- Clear organisational structures, vision and policies help people to understand the reasons why decisions are made even if these decisions are difficult and unpopular.

CLEAR Objectives

Mission Statement

"Local ownership, collaboration and networking of all service providers in the West that will contribute to positive emotional well being".

Vision

Increased access to appropriate services by people when they need it, where they need it.

Aim

To forge strong and sustainable links between community and statutory sector service providers.

CLEAR Objectives

- To enable quicker access routes to support following self-harm and suicide
- Networking and co-operation of service providers
- Develop referral mechanisms among service providers
- Quality standards for best practice in service delivery
- Support training opportunities
- Promote best practice

(Where possible the CLEAR Project endeavours to ensure that community & voluntary sector service providers receive the maximum support with little or no cost to their organisation.)